

FaithBIT



Experiencing God in Community

Reflection by Sofia Melchert

Growing up is hard. Our incoming 7th graders are now in middle school, our 9th graders are freshman in high school, and the senior Student Leaders will be starting the next chapter of our lives very soon. Growing up seems to take forever, but in hindsight it feels just like you blinked. Every day can be a rollercoaster of thoughts and emotions, and it can be overwhelming.

I have pretty much the worst memory ever, yet I still faintly remember my first day of Confirmation. I had just started middle school, and at first, I didn't really understand the point of Confirmation every week - it just seemed like Sunday school on a Wednesday.

As I got older and took on harder classes and more activities, the point of being here became so much clearer. Part of growing up is getting more independence, but with that comes way more responsibility. Some days are just insane, with so many things that I need to do feeling like they're just closing in, and yet some days I feel like I'm on top of the world. It can often feel like we're all alone in those feelings, but the reality is that I think everyone can relate these feelings.



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- Sofia Melchert

Oftentimes, the best thing we can do when life gets overwhelming is to find a time and place to unplug, and to surround yourself with people that will love and support you. One of the best places to do that is here at Confirmation. When life gets crazy, I know I will always have my church family here to laugh or to cry with. This is a place where God's love lives in our relationships with one another, and it's our job to keep that love flowing.

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” Matthew 11:28-30