



# *Justice Journal*

MICAH 6:8

ACT JUSTLY

LOVE MERCY

WALK HUMBLY

*Name:*

## PURPOSE OF THIS JOURNAL

This is a place for you to be open and honest with your questions and thoughts. It's your private space and you can share as much or as little as you prefer. When you're ready...let's get going!



- Carry it with you
- Have a writing utensil with you
- Write down your thoughts and feelings
- You can doodle, write, draw...it's your space to invite your imagination and God's dreams to come together

## HOW ARE YOU FEELING?

Draw the emoji that reflects where you're at in this moment:

Visiting the George Floyd Memorial site and the Say Their Names Cemetery	Getting to know Joe Davis
Talking about racial justice	Learning more about our faith and racial justice



## GETTING STARTED

Racial justice is a hard topic to dig into! It's huge! It includes lots of different people, groups, history, personal feelings and decisions. It's like a complex web of inter-connected thoughts and actions.

As we begin, write down your first thoughts about justice:

What is justice?

What does justice mean to you?



## WHAT DO YOU THINK?

As you've listened to the Student Leader talk and as you've listened to Joe.... what do you think?

What is breaking your heart?

What is breaking God's heart?

What could you do to make a difference?

## ACT JUSTLY

- How do you respond if someone said or did something that hurt you?
- How do you respond if someone told you that something you said, or did, hurt them?
- What makes God smile?
- What's something that gives you joy and hope that you can share with others?

## POWER SHUFFLE

- What's one word that describes how you feel? (After each person names one word, ask if anyone would like to share more about their word)
- Where did you see God show up?
- What can this exercise teach us about ourselves and each other?
- What can this exercise teach us about healing and justice?

# AT HOME REFLECTION

## FAITH 5

- SHARE your Highs and Lows from the day with a parent
- READ Micah 6:8 (It's the verse that's on your retreat T-shirt!)
- TALK about the Bible verse and how it connects with what you experienced at the retreat tonight
- PRAY: Talk to God about what you're feeling/thinking
- BLESS: Make the sign of the cross on one another



## QUESTIONS?

What questions about justice are popping into your head tonight?



# SATURDAY MORNING - LOVE MERCY

*As you prepare to leave your home this morning, please bring a backpack with your Justice Journal, pen/pencil, rain gear, water bottle, and snacks.*

- The Say Their Names Cemetery (37<sup>th</sup> & Park)
- George Floyd Memorial Site (38<sup>th</sup> & Chicago)
- Suggested places to park: on Chicago or Park Aves



## WHAT DO YOU EXPECT?

What do you expect to see, hear, do?

Who do you expect to see?

How are you feeling now?

How to act at the sites:

- Please be respectful of people and the space.
- Walk slowly.
- Talk softly.

# MEMORIAL SITES

*Stop by both the Say Their Names Memorial Cemetery and the George Floyd Memorial area, taking about 10-15 minutes at each location.*

*You can start at either place.*

## WHAT WILL YOU SEE?

Out of trauma you will see an abundance of beauty. In the time following the killing of George Floyd many people from near and far have visited this sacred space. A makeshift memorial has been created with flowers and art. This is a space where community members want to set aside white feelings and prioritize black pain. We ask that you honor this space.

## ENGAGE

Respect the space as you would any space dedicated for mourning and remembrance. Think of the Vietnam Veteran's Memorial or visiting Auschwitz. The highest form of humility and reverence is expected.

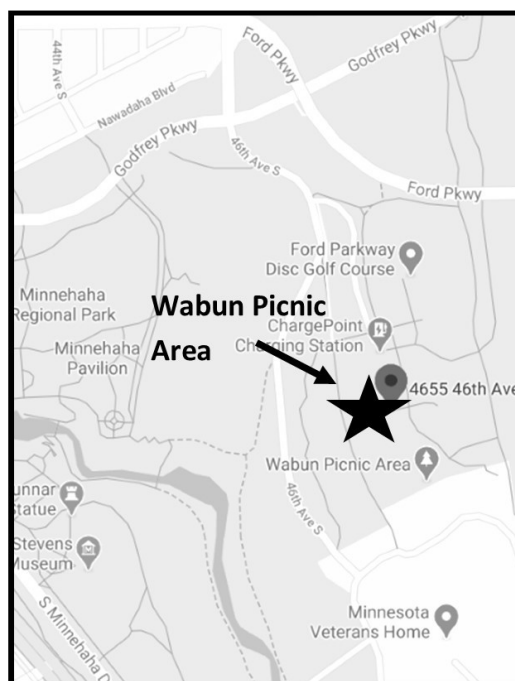
## AFTER YOU LEAVE

Black pain is on display here. It may be hard for you to understand, but there is a story here that might affect change within your community.

Here is what you can do:

- Commit to being anti-racist
- Begin working to educate your immediate family
- Consistently analyze your thoughts, ways of engagement and the power you have as a white person
- Set aside your feelings and prioritize the thoughts, stories, and leadership of the black community
- Work to create systemic change

***We'll meet at Wabun Picnic Area at 10:45 a.m.***





## GEORGE FLOYD MEMORIAL SITE

- What made you Wonder, Wince or Wow?
- Find one piece of artwork that strikes you in some way. Take a photo of it on your phone. Why does it impact you? How does it impact you?
- Where do you see pain? Hope? Anger? Opportunity for change? Unity?
- What did you see that you did not understand?
- What are you feeling in your body?

## THE SAY THEIR NAMES CEMETERY

- What made you Wonder, Wince or Wow?
- What name/names do you recognize?
- Were you surprised by the age of these people? Why or why not?
- Select one name that you can Google and learn more about:
  - Who was that person?
  - What happened?
- How does visiting this site make you feel?

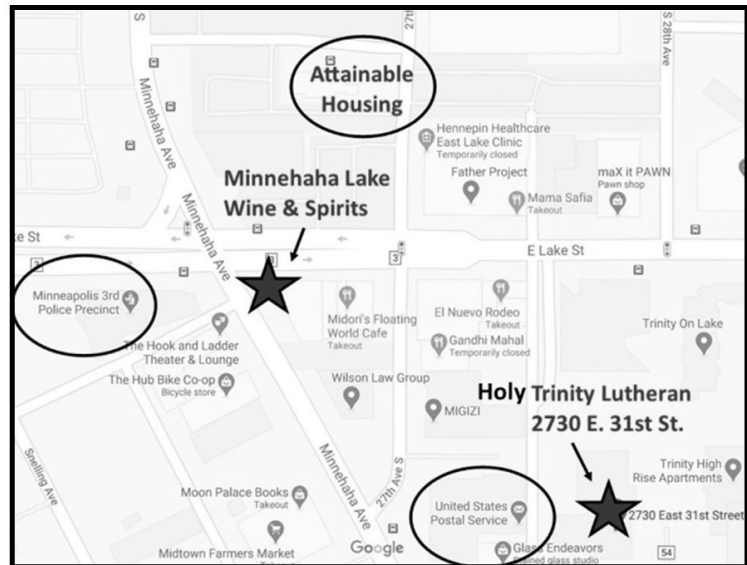




# PRAYER WALK

*Stop by each of the following sites in any order that you choose. Pause at each location and pray for each of these locations. We've added a few prayer suggestions below, but please add your own thoughts and prayers at each location.*

- Holy Trinity Lutheran
- Third Precinct
- Attainable Housing site
- Burnt out businesses/  
Post Office



## PRAYER SUGGESTIONS

<b>Holy Trinity Lutheran Church</b>	<b>Pray for:</b> <ul style="list-style-type: none"> <li>• the Pastors and staff of Holy Trinity</li> <li>• the work this church is doing in the community.</li> <li>• wisdom and discernment for meeting the needs of this community.</li> </ul>
<b>Third Precinct</b>	<b>Pray for:</b> <ul style="list-style-type: none"> <li>• the safety of police in this neighborhood and around our nation.</li> <li>• wise and discerning law enforcement in the community, state and country.</li> </ul>
<b>Attainable Housing</b>	<b>Pray for:</b> <ul style="list-style-type: none"> <li>• safe and attainable housing for people in this community.</li> <li>• all communities to provide affordable/attainable housing.</li> </ul>
<b>Businesses/ Post Office</b>	<b>Pray for:</b> <ul style="list-style-type: none"> <li>• business owners and employees who lost their source of income.</li> <li>• the community that needs these businesses for daily life, food supply, and economic vitality.</li> <li>• renewal in this neighborhood.</li> </ul>

# OPEN MIC

# WHAT DOES JUSTICE MEAN TO YOU?

Now that you've had time to think, pray and reflect about racial justice, what does justice mean to you?



## AT HOME

### FAITH 5

#### Evening reflection

- Share your Highs and Lows from the day with a parent
- Read: Amos 5:24, "But let justice roll down like waters, and righteousness like an ever-flowing stream."
- Talk about the Bible verse and how it connects with what you experienced at the retreat today
- Pray: Talk to God about what you're feeling/thinking
- Bless: Make the sign of the cross on one another
- What questions about justice are popping into your head tonight?



SHARE



READ



TALK



PRAY



BLESS

# TIME TO WORSHIP!

As you worshipped with Immanuel at 9:00 or 10:30am  
(in-person or livestreamed)....



- What made you Wonder?
- What made you Wince?
- What made you Wow?

## NOW WHAT?

- In what ways is God calling you to change?
- In what ways is God calling you to make a difference?
- Something I'd like to learn more about is...
- Following God's guiding and leading I plan to...



[www.immanuel.us/youth/retreat-live-zoom](http://www.immanuel.us/youth/retreat-live-zoom)

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