



# Inviting you to be renewed through weekly faith habits!



*Create in me a clean heart ,O God, and renew the spirit within me! (Psalm 51)*

REnew52 invites the people of Immanuel to intentionally take time weekly (for 52 weeks) to renew our relationships with God and God's people.





Every relationship requires effort and action to keep it healthy and strong — to keep it continually renewed. Our relationship with God, and the love, hope, guidance, and inspiration we find in our faith, is the foundation upon which we build our lives and relationships. Our relationships with God's people, particularly our family and friends, are the most immediate places we share and experience God's love and blessing.

We will use the Faith 5 practices (SHARE, READ, TALK, PRAY, BLESS) to guide the renewing of our relationships. Each week we will engage in one of the practices with family, friends, or individually. These practices have the power to enrich communication, deepen understanding, and promote mental, and spiritual health.

**Below is a week by week guide in renewing your relationship with God and God's people and making the FAITH 5 an intentional part of every week .**

## FAITH 5

-  **SHARE** your highs and lows
-  **READ** the bible to connect God's story with your story
-  **TALK** about how your faith inspires and instructs your daily life
-  **PRAY** for renewal, give God thanks, and pray for the needs of all God's people.
-  **BLESS** one another in acts of kindness and service.

<p><b>Week 1: Sept. 13-Sept. 19</b> <b>SHARE:</b> Share your highs and lows with others, take time to engage in caring conversation with family and friends!</p>		<p><b>Week 2: Sept. 20-Sept. 26</b> <b>READ:</b> read the bible texts for this week in worship: Exodus 17:1-7, Psalm 78:1-4, 12-16, Philippians 3:4-14. Matthew 21:33-46</p>
<p><b>Week 3: Sept 27-Oct. 3</b> <b>TALK:</b> Share your faith life with others. Talk about what God is doing in your life, what you believe, share or the challenges of living out your faith, talk about the things in your life you are grateful for, or share your worries and needs.</p>		<p style="text-align: center;"><b>Do you have a faith story to share about Renew52? Send your FaithBit to: <a href="mailto:martin@immanuel.us">martin@immanuel.us</a></b></p>
<p><b>Week 4: Oct.-Oct. 10</b> <b>PRAY:</b> Make prayer a priority! Pray for renewal, invite God to change you, our church, our community, and the world. Pray about how God might empower you, lift you up, set you free, help you be bold, kind, forgiving, patient, humble, content, generous!</p>		<p><b>Week 5: Oct. 11-Oct. 17</b> <b>BLESS:</b> this is a week for intentional service. Commit acts of kindness and service to bless others and help reform our community and our world for good.</p>
<p><b>Week 6: Oct. 18-Oct. 24</b> <b>SHARE:</b> Share highs and lows, engage in caring conversation, particularly about where you are being reformed, or have seen God's reforming work in the world.</p>		<p><b>Week 7: Oct. 25-Oct 31</b> <b>READ:</b> Read the bible texts for this week in worship: Deuteronomy 34:1-12, Psalm 90, 1 Thessalonians: 1:1-10, Matthew 22:34-46</p>
<p><b>Week 8: Nov. 1-Nov. 7</b> <b>TALK:</b> Take time to share your faith life, specifically all the blessing you are grateful for, and how you can respond to God's generous blessings with your faithful giving, sharing, and serving.</p>		<p><b>Week 9: Nov. 8-Nov. 14</b> <b>PRAY:</b> Offer prayers of thanksgiving for God's blessings in your life, for family, friends, home and community, daily work, enough to eat, relative security, hope for the future, the blessing of grace, the beauty of creation, and add your own thanksgiving!</p>
<p><b>Week 10: Nov. 15-Nov. 21</b> <b>BLESS:</b> this is a week for intentional service. Commit acts of kindness and service to bless others.</p>		<p><b>Week 11: Nov. 22-Nov. 28</b> <b>SHARE:</b> Share highs and lows with others, take time to engage in caring conversation with family and friends, especially around the Thanksgiving Table!</p>
<p><b>Week 12: Nov. 29-Dec. 5</b> <b>READ:</b> Read the bible texts for this week in worship: Isaiah 64:1-9, Psalm 80, 1 Corinthians 1:3-9, Mark 13:24-37</p>		<p><b>Week 13: Dec. 6-Dec. 12</b> <b>TALK:</b> Take time to share your faith life with others. Talk about what Christmas means to you, how childhood traditions have shaped who you are and how you celebrate.</p>
<p><b>Week 14: Dec. 13-Dec. 19</b> <b>PRAY:</b> Pray for those seeking new life, new hope, and a savior. Pray for gatherings and celebrations that relationships with family and friends might be blessed and renewed. Pray for those who struggle with loss, grief, and loneliness in this season.</p>		<p><b>Week 15: Dec. 20-Dec. 26</b> <b>BLESS:</b> Christmas is our celebration of God's gift of God's self, Immanuel, God with us in Jesus. As you remember and celebrate the gift of a savior, how will you be a gift to others this week?</p>

**Week 16: Dec. 27-Jan. 2** SHARE: Share highs and lows for the past year and prepare to welcome a new year. Share hopes and dreams you have for yourself and others, and how you will work to bring about those blessings.



**Week 17: Jan. 3-Dec. 9** READ: Read the Bible texts for worship this week. Jeremiah 31:7-14, Psalm 147:12-20, Ephesians 1:3-14, John 1:1-18

**Week 18: Jan. 10-Jan. 16** TALK: As the church celebrates the baptism of Jesus, tell the stories of your families baptisms, and talk about what it means to you to be adopted into God's family in baptism.

**Week 19: Jan. 17-Jan. 23** PRAY: Offer prayers for all the baptized, that we might daily die to sin and rise to new life in Christ, and that the renewing power of grace and faith encourages us to live out our faith in word and deed every day.

**Week 20: Jan. 24-Jan. 30** BLESS: In baptism we proclaim this Bible verse: Let your light so shine before others that they might see your good works and glorify your Father in Heaven. What good works will you do this week that bless others and help glorify God?

**Week 21: Jan. 31-Feb. 6** SHARE: Share highs and lows. What you have found renewing in life lately, and what has drained your energy and hope?

**Week 22: Feb. 7-Feb. 13** READ: Read the Bible texts for worship this week. Isaiah 40:21-31, Psalm 147:1-11, 1 Corinthians 9:16-23, Mark 1:29-39

**Week 23: Feb. 14-Feb. 20** TALK: Talk with family and friends about how you live out your faith in daily life. How does your faith influence/instruct your relationships, work, relationship with your community and world?

**Week 24: Feb. 21-Feb. 27** PRAY: Lent is the season for repentance, to reconcile with God and others. As we begin our journey of repentance lift up your prayers of confession and ask God to bring about change in your life.



**Week 25: Feb. 29-Mar. 6** BLESS: Take time to renew relationships that have been strained or damaged and seek to make amends for any harm you may have caused. Offer forgiveness if someone's words or actions hurt you.

**Week 26: Mar. 7-Mar. 13** SHARE: Share how you have reconciled with others or God this week, and how your relationships may be struggling.

**Week 27: Mar. 14-Mar. 20** READ: Read the Bible texts for worship this week. Numbers 21:4-9, Psalm 107:1-22, Ephesians 2:1-10, John 3:14-21

**Week 28: Mar. 21-Mar. 27** TALK: Talk about how it is helpful, or challenging to say you're sorry, ask for forgiveness, or forgive someone who has hurt you. Seek out someone with whom you need to reconcile and spend time strengthening/mending your relationship.

**Week 29: Mar. 28-Apr. 3** PRAY: This Holy Week, pray for the power of God's mercy and grace to renew you, your family, friends, community, country and world in peace, compassion, and love.

**Week 30: Apr. 4-Apr. 10** BLESS: Easter is a time to share the blessing and joy of family and friends. As you celebrate Easter, share with family and/or friends how Jesus' Resurrection brings you joy, comfort, and hope!



**Week 31: Apr. 11-Apr. 17** SHARE: Share your reasons for rejoice this week, and the reasons you have to grieve as well.

**Week 32: Apr. 18-Apr. 24** READ: Read the bible texts for worship this week. Acts 3:12-19, Psalm 4, 1 John 3:1-7, Luke 24:36-48

**Week 33: Apr. 25-May 1** TALK: Talk about how the hope our new life in Christ helps you meet the challenges of life, and how God's eternal love gives you comfort in the face of difficulties and loss.

**Week 34: May 2-8** PRAY: Pray that people might come to know and believe in Jesus, and that God will inspire you to share your faith, and might inspire all of us to share Jesus' love and grace!

**Week 35: May 9-15** BLESS: Reach out to people you know who may need encouragement and lift them up with an encouraging word, a note, or some other gesture of kindness and care.

**Week 36: May 16-22** SHARE: Renew your relationships by sharing your highs and lows with other. Take time to engage in caring conversation with family and friends!

**Do you have a faith story to share about Renew52? Send your FaithBit to: [martin@immauel.us](mailto:martin@immauel.us)**

**Make the Faith5 your OWN during the season of Pentecost**

**Week 37: May 23-29** READ



**Week 38: May 30-June 5** TALK

**Week 39: June 6-12** PRAY

**Week 40: June 13-19** BLESS

**Week 41: June 20-26** SHARE

**Week 42: June 27-July 3** READ

**Week 43: July 4-10** TALK

**Week 44: July 11-17** PRAY

**Week 45: July 18-24** BLESS

**Week 46: July 25-31** SHARE

**Week 47: Aug. 1-7** READ

**Week 48: Aug. 8-14** TALK

**Week 49: Aug. 15-21** PRAY

**Week 50: Aug. 22-28** BLESS

**Week 51: Aug. 29-Sept. 4** SHARE

**Week 52: Sept. 5-11** READ