

FaithBIT



Dinner and Devos-Food for Life

Reflection by Jerry Martin

When I grew up, my family ate dinner together at the table almost every night (well, that isn't entirely true... I grew up in a small farming community in North Dakota... which means it was called "supper" and not "dinner").

Fast forward 30 years and I find it challenging to replicate this treasured family time with my lovely wife and two teenaged children. I also want us to invite God into our household conversations more often. Why? Because I want the best for my family, and I know that God is all things good.

So, let's do this, get up 30 minutes early every day for family devotions and sit down for dinner at 6pm to share our day. Sounds like a plan, right? Unfortunately, probably not entirely achievable for us.



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So, what can we do? We decided last summer to make a point of eating together as a family on Wednesday nights. If we can make other things a priority, it seems possible we can make one family dinner during the week a priority as well.

We would draw straws every week. The two short straws would prepare the meal of their choice. The two others would share a devotion of their choice during our meal. We enjoyed our time together and some good-natured ribbing on what we would be eating that night. It worked for us, and for that I am thankful.

"Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." (Deuteronomy 6:5-7)