



# Did'ja Know?

Loneliness causes an immediate and severe bodily reaction. It increases blood pressure and cholesterol, and it activates our physical and psychological stress responses. Are you lonely sometimes?



# Color That Stuff

Color in the family of God. Give them a setting where they meet together so that no one is lonely.



# The Season of EASTER

May 29, 2022  
7th Sunday of Easter  
John 17:20-26



Jesus said a prayer for his friends. It was also a prayer for us.

“God, I want all your beloved children—that’s everyone—to be like one body. Just like you and I are one, God, I want the whole world to be one.

“My friends love me and love you and love each other, and they’ll share that love with other people who have never met me. And no matter when or where they live, they are all one.

“If they are all one, they will all be equal and love and care for everyone because it will be love and care for themselves and for us, too.”

Jesus’ friends were amazed at Jesus prayer for them and for all of us.



## Being One

Working together, even when we disagree.

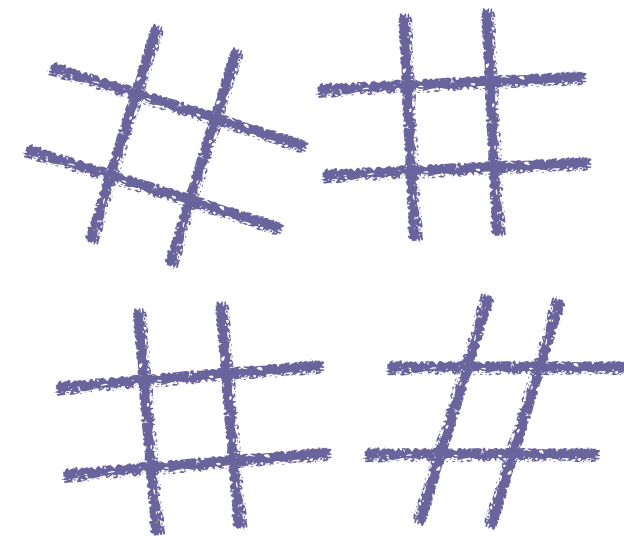


# PICTURE IT

Color the pictures of the people praying and Jesus praying.



# TICTACTOE



Nice Quote!

Prayer is not asking. Prayer is putting oneself in the hands of God, and listening for God's voice in the depth of our hearts.  
- Mother Teresa

## Special Task Force

This week, try to reach out to someone you haven't spoken with for a while. Give them a call on the phone or write them a nice letter telling them that you're thinking of them. Sometimes that's all it takes to help someone not feel so all alone.