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**Immanuel Lutheran Church**

**Taste of Tanzania: Health,  
Hope and Habitat**

**February 02 – 11, 2017 *(10 days)***

**Hosted by Kim and Martin Rathjen**



Come with us to Africa! The idea for this tour came about when visiting with Immanuel's Medical Missionaries who are serving in Arusha, Tanzania. We were totally enthralled with their stories of life in Tanzania and the challenges of their work. We got the same response from others who heard their stories. As we explored what a tour might include we were excited to find out that as a congregation, we already have many connections to ministry in Arusha. Not only do we support ELCA missionaries Dr Stephen and Jodi Swanson, we also support Lutheran World Relief – they have a center in Arusha. The Lutheran Church of Tanzania is also located in Arusha, as is a Maasai Girls' School supported by Operation Bootstrap of Minneapolis. This tour will include the opportunity to see all of these ministries in action. Add an overnight safari, a day trip to the base of Mount Kilimanjaro and interaction with local African people and we think this sounds like a great trip of exploring new habitats while being immersed in stories of healing and hope in Tanzania. It would be our pleasure to travel with you to explore this small piece of Africa and to grow with you in understanding and faith.

Kim and Martin Rathjen

# Valid U.S. Passport



You must have a valid U.S. Passport and the expiration date must be at least six months beyond your return date

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# Visa

- ❖ An Entry Visa is required for U.S. citizens to travel to Tanzania. GTD will assist with processing visas for your group.

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# Immunizations

- ❖ Consult with your physician in regards to vaccines and medicines for travel to Tanzania. (*Hepatitis A, Typhoid & Malaria*).
- ❖ See the CDC Website for more information  
<http://wwwnc.cdc.gov/travel/destinations/list/>





**TUTUNZE UUMBAJI  
NI AGIZO LA MUNGU**

**WE ARE CALLED TO BE  
STEWARDS OF GOD'S  
CREATION**

*The mission of Arusha Lutheran Medical Centre is to serve, treat, and minister to the whole person; in body, mind, and spirit.*



Dr. Mark Jacobson, Director







**Selian Lutheran Hospital**

***"A hospital with a mission to serve the poor and the sick in the name of Jesus Christ"***





















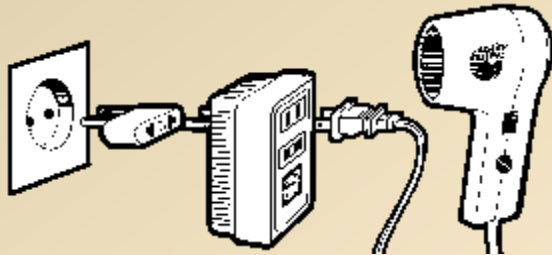


There are two distinct weather seasons in the region; a rainy season (November to April) and a dry season (May to October). During the rainy season, animals congregate on the Short Grass Plains to have their young. Between February and March, you can see the Great Serengeti Migration on the plains and a number of spectacular predator/prey interactions.



# Electrical Appliances

If your appliance is NOT dual-voltage you will need a converter, like this (below middle):



Bring a European style *and* a UK-style adapter such as these below:



# Money Matters



- ❖ 1 US Dollar = about 2,190 TZ (Tanzanian Shilling or Shilingi)
- ❖ ATMs prevalent in Arusha
- ❖ Credit cards accepted in some larger shops, hotels – a commission may be added to the cost
- ❖ American dollars accepted – bring cash in several denominations (2001 bills or newer) as change is hard to come by; change at banks or exchange bureaux; NEVER use street money changers

# Weather



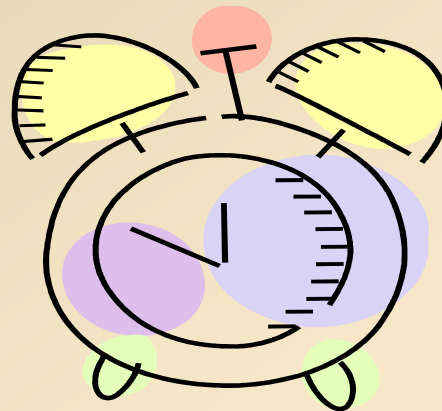
Average temps in February

<u>City</u>	<u>Low</u>	<u>High</u>
Arusha	51	84

Average days of rain 6.9 (precipitation 3.3 inches)  
(Arusha can be chilly in the evening.)

# What Time Is It?

Tanzania is 8 hours ahead of  
Central Daylight Time





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# Food/Dining

- ❖ Meat stews (*chagga*), fried chicken are common
- ❖ *ugali* - maize meal porridge eaten all over Africa
- ❖ Curried foods are common
- ❖ Coconut milk, lots of fruit
- ❖ Seafood on the coast
- ❖ Do not eat uncooked veggies or fruit with no peel



# How Safe Is the Water?

- ❖ Drink only bottled or boiled water, or carbonated drinks in cans or bottles.
- ❖ Do not drink tap water, fountain drinks, and no ice cubes.
- ❖ One bottle of water/day/person complimentary.
- ❖ Some hotels will also provide bottled water



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# Shopping

- ❖ African crafts such as baskets, wood carvings, wovens and batiks
- ❖ Bargaining at stands is expected; fixed prices in shops
- ❖ Tanzania's VAT is 20% & is included in quoted prices
- ❖ Tanzanite may not be a bargain

# Your Accommodations



# Ilboru Safari Lodge



Nestled on the lower slopes of majestic Mt Meru, the legendary Ilboru Safari Lodge has been welcoming mountain climbers and safari travelers to northern Tanzania for decades. Ideally located between the northern safari circuit and Mt Kilimanjaro,

Thirty-eight rooms ~ single, double, twin, and triple rooms. Rooms are double cottages situated throughout the lushly landscaped grounds. Large pool



# Acacia Farm Lodge - Karatu



Located between the Tarangire and Lake Manyara National Parks on one side and Ngorongoro Conservation Area and Serengeti National Park

King size double/twin bed, a mosquito net, a mini bar, coffee station, plasma flat screen TV with satellite channels, intercom and international telephone line, internet connection, hair dryer, digital safe, a shower and a private toilet.



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# Tour Cost and Inclusions

\$4475 per person shared basis

Single Supplement \$300.00

- ❖ Round-trip economy class airfare on Delta/KLM airfare from MSP/St. Paul
- ❖ Seven nights accommodation in first class hotels with private bath
- ❖ Breakfast and dinner daily plus four lunches
- ❖ Transfers and transportation by coaster bus and 4- or 6-seater safari vehicles.
- ❖ Extensive sightseeing throughout; entrance fees



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## Tour Inclusions, *cont'd*

- ❖ Luggage handling of one piece per person
- ❖ Experienced English-speaking tour guide for meet and greet assistance, Feb. 4, 5, and 10. Safari-guides Feb. 7, 8, 9.
- ❖ Gratuities to drivers and guides (\$54/person)
- ❖ Entry visa (\$125/person)
- ❖ Airport/foreign departure taxes (\$737/person)
- ❖ Comprehensive documentation

# Travel Protection – Are You Covered?

We highly recommend that you purchase  
travel insurance!

- ❖ Trip cancellation, interruption, missed connection and travel delay expenses
- ❖ Medical expenses including emergency treatment, evacuation and repatriation
- ❖ Accident protection
- ❖ Baggage theft or loss
- ❖ \$273/person among the lowest rates in industry



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# What's Next?

- ❖ Reserve your space now.
- ❖ Register online at [www.gtd.org](http://www.gtd.org) G# 170201 or fill out the reservation application located in the brochure and mail it along with your deposit to Group Travel Directors.

# Questions



# Group Travel Directors

Ph: 952-885-2134  
or 800-747-2255 ext. 134  
Kate Peer: [kpeer@gtd.org](mailto:kpeer@gtd.org).

[www.gtd.org](http://www.gtd.org)



The logo for Group Travel Directors (gtd) is displayed within a white rectangular box with a black border. The word "gtd" is written in a blue, lowercase, serif font. Below it, the words "Group Travel Directors" are written in a smaller, grey, sans-serif font. A blue curved line separates the "gtd" from the full name.