

FaithBIT



Blessed Are Those Who Mourn

Reflection by Lisa Ross

As it has been said, grief comes in many different forms for people. Sharing my grief of losing my Aunt with other people at a Service of Remembrance was not in Lisa's wheelhouse. I tend to be very private about those things. It was an overpowering feeling I had to make the move to go to this evening service at Immanuel.

Walking up to the door and seeing my good friend made it all the easier to walk in and plan to share my grief. I not only found it to be a small, quaint and comforting setting, but a sense of calm came over me as I sat with my thoughts about losing someone important in my life, my Aunt Janice. Pastor Angela shared her own stories and I was comforted by her words and also the bible verse Mathew 5:4 which says, "Blessed are those who mourn, for they will be comforted."



"We prayed, sang, listened to beautiful music and some of us cried..."

- Lisa Ross

We all lit candles of remembrance for the Saints in our lives and let them float in the baptismal fountain. We prayed, sang, listened to beautiful music, and some of us cried (thank goodness for the boxes of Kleenex strategically placed).

I found a sense of peace and comfort watching my candles float. This speaks to me with another favorite bible verse of mine which is a short one. John 11:35, "Jesus wept." It reminds me of the deep compassion Jesus had for those suffering.