

FaithBIT



Hot Tub Prayer Machine

Reflection by Jon Ebert

Like many of us I've prayed sitting, standing, kneeling, at church, at work, in the car, and most anywhere the time and place felt right; however, my favorite and most common place to pray is in my hot tub. I'm a morning tubber and I'm in the hot tub nearly every morning year-around. I suppose you can say it's my substitute for morning coffee as it energizes me in both mind and body and I find it the perfect place to connect with God for my daily prayers. I have a ritual for my prayers but I'm always revising to keep them fresh. I start by thanking God for my family and that we may be a blessing to others. I pray for critical needs for those whom I know as well as broader needs for our brothers and sisters throughout the world. In closing, I thank God for our "special angels" (naming family members who are watching over us from heaven) and end with the Lord's Prayer.



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There's something very calming and relaxing about water and combined with the symbolism of baptism it's the perfect place for me to connect with God. My travels have brought me around the world and given me unique settings from which to pray. Some of my most spiritual memories while traveling are floating on my back in a pool of water gazing up at the clouds praying to God and reflecting on how the sky is the same no matter where we are on the planet—bringing me emotionally closer to my loved ones and making my away-from-home prayers so much more meaningful. My morning hot tub prayer machine enriches my faith walk each day by connecting me with God in a peaceful setting that guides me throughout the day on a path of purpose and gives me clarity for a meaningful life.