

Holy Week and Easter Cooking Lesson

Scripture Reference: John 13:1–20; Matthew 26:17–30; Mark 14:10–32; Luke 22:14–28

Lesson Focus: We can remember the Last Supper at every meal.

Open the Bible (10 minutes)

The Last Supper Storytelling

Supplies

- Spark Story Bible and/or regular Bibles

Set Up: Gather in your kitchen

Instructions

Take a good look around! What kind of service happens in our kitchen sacristy? (*Eating, cooking, etc.*) **What do think happens in our church kitchen?** (*We cook in there during Sunday school sometimes. Meals to share are prepared. Food for classes and small groups is stored and served.*)

We seem to gather around food at church a lot! When do we eat at church? (*For snacks, treats, potlucks, celebrations, baptisms, new members, funerals*)
When we eat together, we share holy moments.

At worship, we gather around an important meal, communion. In today's story, we hear about Jesus sharing the Last Supper with his friends.

Read The Last Supper on pages 462–467 in the Spark Story Bible or Mark 14:10–32 in a regular Bible.

Why is this meal called the Last Supper? (*It was the last time the disciples eat together before Jesus dies*) **This meal is also the first communion. We use the same words Jesus used when our church family gathers around God's table for the communion meal. What does communion mean to you?** Allow time for each family member to share.

Activate Faith (25 minutes)

Communion Crisps

Supplies

- Soap
- Water
- Towels

- Oven
- Oven mitts
- Timer
- Baking sheets, 2
- Bowl, large mixing
- Spoons
- Dry measuring cups
- Liquid measuring cups
- Measuring spoons
- Small rolling pins OR drinking glasses with smooth sides
- Pizza cutter
- Cups
- Napkins

Ingredients (serves 8):

- Butter, 4 tablespoons (60 ml)
- Flour, 2 cups (480 ml)
- Baking powder, 1 teaspoon (5 ml)
- Salt, 1/2 teaspoon (2.5 ml)
- Water, warm, 2/3 cup (160 ml)
- Olive oil, 1/3 cup (80ml)
- Rosemary, 2 tablespoons (30 ml), chopped
- Sea salt, 2 tablespoons (28 g)
- Grape juice, 64 fluid ounces (1.89 liters)

Set Up: Preheat the oven to 400 degrees

Instructions

1. Have everyone wash their hands before they begin cooking. **Jesus prepared for his last supper with his closest friends by washing their feet. I won't ask you to wash each other's feet, but we do need to wash our hands before we cook. Let's help each other wash hands. Squirt the soap, pass the towels, or adjust the water temperature. Find a way to serve each other as you wash up.**

2. Lightly butter two baking sheets. **The time had come for Jesus to leave this world. Jesus prepared by washing the feet of the disciples. We prepare for our meal by greasing these baking sheets.**

3. Guide the kids to measure and combine the flour, baking powder, and salt in a large bowl. **The Last Supper was unlike any other meal the disciples shared. It had all of the ordinary ingredients, but Jesus was telling them something.**

4. In a separate bowl, have kids work together to measure and stir together the water and oil. **See how the water and oil turn away from each other? Jesus told the disciples that one of them would turn away from him, betray him. Which disciple was it? (*Judas*)** Mix the water and oil mixture into the flour, baking powder, and salt mixture.
5. Allow the kids to measure and stir in the chopped rosemary. Mix it until a dough ball forms. **The road ahead was going to get bumpy for Jesus and his friends, like this dough.**
6. Tear the dough into two halves. Lay one dough ball on each cookie sheet. **Jesus picked up a loaf of bread and tore it. You see, Jesus' body would be broken to save all people from sin.**
7. Get help from the kids to flatten the dough to the edges of each cookie sheet with a small rolling pin (or a floured drinking glass). **Even in those final hours together, Jesus knelt down and served each disciple. That is how he showed his love for them. Being servants is how Jesus wants us to show his love to the world.**
8. Read the names of the disciples below—one at a time—as kids do the next step.
9. Gather around one cookie sheet of dough. Pass a pizza cutter and allow each kid to make one cut into the dough, until it has been cut into 12 pieces (11 cuts). Leave the other cookie sheet of dough whole. **Jesus gave a piece of bread to each disciple.** (Insert name of kid), **this is Jesus' body, broken for you.**
10. Sprinkle sea salt on the dough on both cookie sheets. **Now, Jesus' followers are so many that we can't count them! Jesus is with us in the holy moments at God's table: at the Last Supper and in every meal we share.**
11. Bake the crackers for 8 to 10 minutes, until they are lightly browned and crispy. Allow them to cool for a couple of minutes more. While the crackers bake and cool, clean up the cooking space. **Let's be servants like Jesus and clean up our kitchen mess!**
12. Serve the whole cracker first. Gather in a circle. Break off a piece, give it to the person next to you, and say a blessing. Continue to pass the cracker until everyone has been served. (Insert name), **Jesus is with you always!**
13. Sit together to enjoy the rest of the Communion Crisps napkins with cups of grape juice. Break off pieces and chat as you eat. **How do you think the disciples felt on the night of their last supper with Jesus? (*Worried, scared, sad, tense*) How do you feel when you take part in communion? Thanks for**

sharing this holy moment!

Wrap Up

Supplies

- Paper squares
- Crayons
- Plate

Jesus is with us in the holy moments at God's table—at the Last Supper and in every meal we share.

Prayer Time

Set a plate in the middle of the prayer circle. Give each kid a small square of paper and crayons. **Draw a picture or write down something for which you want to thank God.** Allow time for the kids to make a note to God. Guide them to fold their pictures and place them on the plate. **Please touch the plate as we pray.**

Dear God,

Our plate is full! We give thanks for holy moments. Feed us with love. Fill us with gratitude. May we remember your Last Supper at every meal and serve one another.

Amen.