The 2017 Mission Trip is quickly approaching! In 6 days we will be loading up the cars and making our way to St. Paul. We are looking forward to the awesome week of ministry that awaits us as we walk alongside residents of St. Paul where we WILL have the opportunity to see Christ.

Listed below are a few details we want to make sure you have, so keep this information sheet somewhere you can find it! In the case of an EMERGENCY, please use the contact #'s at the bottom of this page for Paul Erdmann and Carol Hagen, who will get you in contact with your student at the earliest, appropriate time.

- 1) Load Vans & Depart: <u>SUNDAY, July 9th at 7:45am</u>. We plan to be on the road at 8:00am. Please arrive on time.
- 2) Return to Immanuel: FRIDAY, July 14th at 9:00am. All students are expected to clean vans before being picked up.

<u>Spending Money</u>: All <u>meals</u> will be covered on the trip. Extras may include ice cream or snacks picked up after your day of ministry, and t-shirt sales at the end of the week.

Packing: We will be white water rafting on Sunday morning before we begin our service week, so be sure you've got a swimsuit packed. A t-shirt is also recommended for comfort under your life jacket. Also, be sure you have footwear that you can use while rafting. You can use water shoes or sandals that strap onto your feet. You <u>CAN NOT</u> <u>use crocs or flip flops</u>.

Please follow the clothing policy of YouthWorks during our service week—no spaghetti strap or tank tops and shorts must be long enough that you can not touch skin with your fingertips when standing up straight.

Please don't over pack! It's amazing how little you need during a mission trip.

Housing Information:

We will be staying at Lutheran Church of the Redeemer in St. Paul.

Showers:

We will shower after each ministry day at Highland Park High School. Bring a backpack or small bag to carry your toiletries, towel and clean clothes with you to your ministry site. The showers are open/public style. Youth can bring a swimsuit if they would like for privacy purposes. You may also want a pair of flip flops. We also will make sure that youth and adult leaders are not showering at the same time to be above board on privacy.

In Christ, Paul Erdmann Youth & Family Minister Immanuel Lutheran Church paule@immanuel.us 952-230-0355

White Water Rafting:

Kettle River

Designated "Scenic and Wild" the Kettle River is an exciting run for whitewater paddlers. Flowing through Banning State Park, the river gives a thrill to adventure seekers.

Our run on the Kettle starts just above "Blueberry Slide" a long and tricky rapid to kick off the run. The fun keeps going as the Kettle squeezes into the gorge and rafters run "Mother's Delight" and the "Dragons Tooth" tight and technical, keep paddling and don't forget to check out the scenery.

Next comes the "Little Banning Rapids", lively and fun with a quick view of a Ghost Town. The river slows a bit, giving rafters a little time before the final big rapid of the trip – "Hell's Gate"

The trip finishes with a stop at Wolf Creek Falls and a slow float back to Robinson Park in Sandstone MN.

REQUIRED

Short sleeve t-shirt to wear under your life jacket.

Shoes that will protect your feet and toes. Old tennis shoes or water shoes are perfect -- no crocs or flip-flops

OTHER

Sunglasses – with a safety strap

Waterproof camera

You will likely get splashed on the river. And it's a good idea to have a set of dry cloths for after the trip.

Life jackets, helmets and paddles are provided.

Evening Activities during our Mission week in Boston:

MN History Center, Community Meal with the Housing Site, Community Cookout, Community Speaker from Arrive Ministries who talks about their role in refugee resettlement.

Sleeping Arrangements at Lutheran Church of the Redeemer:

*You can bring a blow up air mattress or camping pad. If your mattress is a queen size, two people will be expected to sleep on that due to limited floor space. Rooms are often warm, even with air conditioning, so you will not need a sleeping bag rated to zero degrees!

Trip Participants:

Eric Anderson, Colin Beyer, Tim Hagen, Eliana Hanson, Jacob Heinzen, Tanner Johnson, Marit Kniffen, Noah Szczepaniak.

Adults: Paul Erdmann, Carol Hagen.