

FaithBIT



Rejoice in Today

Reflection by Cari Larsen

“This is the day which the Lord has made; Let us rejoice and be glad in it.” Psalm 118:24

I have to admit that while this is a Bible verse I’ve known since I was a child, I don’t always take it to heart. Some days I get caught up in frustrations at work – some days parenting takes its toll – some days I’m a grumpy wife, sister and daughter – some days the lament of my neighbors weighs heavily on my heart. Before I know it, I’ve let a day pass by without experiencing the joy that God intended for our lives.

In May I finished up co-leading a confirmation small group for a group of Immanuel students – including Faith. This fall I’m starting to co-lead a confirmation small group for more Immanuel students – including Caroline. I remember when I was preparing for Faith’s group – three years of Wednesday nights seemed like a huge commitment and a stretch of time that would go on forever. Now, as we are kicking off activities for this year’s 7th graders, I know that these three years will go by in the blink of an eye; that the Wednesdays will turn into weeks, months and the three years will fly by.



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- Cari Larsen

I believe God has been using this time of reflection to remind me to slow down, pay attention and rejoice in the days that have been created for us! I know God doesn’t want us to ignore our neighbors’ laments – or not to work through the challenges of being a member of a family – or not to acknowledge difficulties with co-workers or other relationships in our lives. I have just been sensing that God wants us to experience true joy that comes from the day that the Lord has made.

So, as the school year starts for my kids and as confirmation and many other programs kick off for the year at Immanuel, I’m going to try to remember each day to rejoice in the day that God has made and share that joy and the love of God with my family and neighbors.